

What are the Benefits of Occupational Therapy?

JOIN US

Thursday, March 7th
10:00 am



Ross County Senior Center
1824 Western Ave., Chillicothe



- What is Occupational Therapy?
- Exercises to increase mobility and strength.
- Falls prevention tips.
- Resources in your community to support your health and well-being.

Learn More About



Education will be presented by students in the Masters of Occupational Therapy Program at Shawnee State University.

The event is a partnership between **Shawnee State University**, the **Area Agency on Aging District 7, (AAA7)** and the **Ross County Senior Center**.

Questions? Call the AAA7 at 1-800-582-7277 or e-mail info@aaa7.org